

CEB WELLBEING NEWSLETTER

DIOCESE
OF
BALLARAT
CATHOLIC
EDUCATION
LIMITED



CATHOLIC EDUCATION BALLARAT

TERM 1 2023



TERM 2

LDL NETWORK MEETINGS

SECONDARIES - Catholic Education Office - Horsham

Monday 29 May 2023 10:30 AM - 3:00 PM

<https://www.trybooking.com/events/landing?eid=1000798&>

North/Central - Catholic Education Office - Horsham

Tuesday 30 May 2023 9:30 AM - 3:00 PM

<https://www.trybooking.com/events/landing?eid=1000792&>

Central - Catholic Education Office - Ballarat

Thursday 8 June 2023 9:30 AM - 3:00 PM

<https://www.trybooking.com/events/landing?eid=1000793&>

Northern - The Bridge Motel - Robinvale

Thursday 1 June 2023 9:30 AM - 3:00 PM

<https://www.trybooking.com/events/landing?eid=1000796&>

Southern - St Patrick's Primary School - Koroit

Thursday 1 June 2023 9:30 AM - 3:00 PM

<https://www.trybooking.com/events/landing?eid=1000794&>



**REGISTER
NOW**

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Info.& Reminders P.10 - 16
(including VCAA changes)



WELLBEING STAFF NEWS...

Staff News...

DIOCESE
OF
BALLARAT
CATHOLIC
EDUCATION
LIMITED



CATHOLIC EDUCATION BALLARAT

SUSAN RAMPLING, SENIOR EDUCATION OFFICER LEARNING DIVERSITY, HAS RESIGNED HER POSITION AT CEB. SUSAN IS CURRENTLY ON LONG SERVICE LEAVE AND WILL OFFICIALLY CONCLUDE HER TIME AT CEB ON MAY 26, 2023.

SUSAN'S CONTRIBUTIONS TO EDUCATION HAVE BEEN BOTH SIGNIFICANT AND EXTENSIVE, STRETCHING ACROSS EDUCATION SECTORS AND DIOCESAN BORDERS.

SUSAN'S ADVOCACY FOR THE RIGHTS OF ALL STUDENTS, PARTICULARLY THOSE WITH DISABILITIES, HAS BEEN UNWAVERING. SHE HAS COMBINED HER PASSION FOR INCLUSIVE PRACTICES WITH CLEAR STRATEGIC INTENT TO SUPPORT GROWTH IN PRACTICE ACROSS ALL TIERS OF EDUCATION WITHIN DIOCESE OF BALLARAT CATHOLIC SCHOOLS.

WE WILL FIND AN OPPORTUNITY TO FAREWELL SUSAN IN A MANNER THAT RECOGNISES THE SIGNIFICANCE OF HER CONTRIBUTION TO OUR DIOCESAN EDUCATION COMMUNITY.

IN THE INTERIM WE OFFER OUR THANKS AND APPRECIATION.



Farewell
SUSAN!

STUDENT WELLBEING UPDATE...

MTSS Behaviour Management Strategies



with
Dan Petro

*Behaviour Analyst and Director of Behavioural
Resources Australia*

<https://www.trybooking.com/events/landing?eid=1021329&>

16th of June

9.30am- 3.30pm

Ballarat / Glowrey Room

Cost: \$70

Registrations close
9 June

**DON'T MISS
THIS
OPPORTUNITY**

The focus will be on engaging and re-energising positive behaviour management strategies for new staff and current teachers around the school priority of SWPBS.

Participants will use an evidence-based, multi-tiered approach for preventing or responding to BOC, consistent within the SWPBS framework.



Live4Life launches in Ballarat

Diocese of Ballarat Catholic Education Ballarat is proudly partnering with the City of Ballarat, Ballarat and District Suicide Awareness Network, Ballarat Community Health, Department of Education, Wellways, CAFS, Headspace, Victoria Police and The Y Ballarat to deliver Live4Life in Ballarat.

The award-winning **Live4Life program** will roll out in eight secondary schools across the City of Ballarat in the coming months, focusing on increasing mental health knowledge amongst students, parents, teachers and other community members to reduce barriers for young people seeking help.

Live4Life, a not-for-profit health promotion charity, is the only **mental health education and youth suicide prevention model designed specifically for rural and regional communities.**

The program has four key components of delivery:

- Evidence-based mental health education in schools
- Partnership of schools and community organisations
- Mentoring support from Youth Live4Life
- Youth participation and leadership via 'Youth Crew'

Year eight students at Damascus College, Ballarat & Clarendon College, Ballarat High School, Phoenix Community College, Mt Clear College, Mt Rowan Secondary College, Ballarat Christian College and Woodmans Hill Secondary College will be involved in the 2023 implementation of Ballarat Live4Life. In 2024, Ballarat Live4Life program will be delivered to Year 8 and 10 students, with the potential to be expanded into more local schools.

City of Ballarat Mayor, Cr Des Hudson said the Live4Life initiative was more than just a response to youth mental health within the school environment, it is a whole community approach.

"We want to ensure that young people, teachers, parents and the wider community are better informed about mental health and are proactive in identifying the signs and symptoms of an emerging health issue before a crisis occurs," he said.

"This course, delivered by locally based trained instructors, is designed to improve the mental health knowledge, skills and attitudes of our community.

"It is about the entire Ballarat community working together to save lives."

The major sponsors of the activation stage of the Live4Life model are Western Victoria Primary Health Network, the Ballarat and District Suicide Awareness Network and the Ballarat Friends of India.

"With 110 adults in the community having already undertaken training in Youth Mental First Aid and 20 community members putting their hands up to be Teen Mental Health First Aid Instructors in the local community, Live4Life in Ballarat is off to a great start.



USER B ACCREDITATION



4th & 5th May 2023!

BOOK HERE

[HTTPS://WWW.TRYBOOKING.COM/CEZAA](https://www.trybooking.com/CEZAA)



If you are a registered participant ' check your inbox' closer to the date for all the details!

User Level B assessment accessible for ensu

The training of school b assessments. CEB recognise and re

This training h

ensive student profile is and 3 assessments.

to complete necessary require clear allocation of role uired.

assessments.

USER B COMMUNITIES OF PRACTICE

Next Meeting's Agenda items:

- Targeted Assessments and Goal Setting
- Back by popular demand...More Case Studies: unpacking reports

for

User B level - Learning Diversity Leaders

DATE

22nd June 2023 3:30 PM - 5:00 PM

LOCATION

Online event





Understanding Hearing Loss

Presenters - Regional CEB Visiting Teachers

Equivalent to **20 hours** VIT PD

Set up a cohort for your school or register an expression of interest
with CEB Visiting Teachers

VT2023@ceoballarat.catholic.edu.au

Dyslexia and Significant Difficulties in Reading

Presenters - Monique Ryan & Lisa Templar

2 Online Face-to-Face Session

18th May

6th June

Course completion date: 20th July

Equivalent to **20 hours** VIT PD

Registrations on Trybookings

link available early Term 2

VISION IMPAIRMENT
UNDERSTANDING AUTISM

SUPPORTING STUDENT WELLBEING AND MENTAL HEALTH

DYSPRAXIA AND MOTOR COORDINATION DIFFICULTIES

UNDERSTANDING AND SUPPORTING BEHAVIOUR

SPEECH, LANGUAGE AND COMMUNICATION NEEDS

PERSONALISED LEARNING

DYSLEXIA AND SIGNIFICANT DIFFICULTIES IN READING

ATTACHMENT AND TRAUMA THEORY

UNDERSTANDING HEARING LOSS

UNDERSTANDING ATTENTION DEFICIT/HYPERACTIVITY DISORDER

Contact your EO:LD to
organise an individual
school OLT for your
staff!

SCHOOL SPEECH PROGRAMME TRAINING

LSO SPEECH PROGRAMME TRAINING DAYS

JOIN OUR FABULOUS CEB SPEECH PATHOLOGISTS FOR THE OPPORTUNITY TO ENGAGE IN SCHOOL SPEECH PROGRAMME TRAINING.

This PL will be focused on training Learning Support Officers (LSOs) from across all diocesan schools who currently work with students in school Speech Support programmes.

This training will support LSOs to implement speech practice with fidelity when acting as the Speech Pathologist's agent for change.

The training will include:

- o Understanding how sounds are made and the different features of sounds in our speech
- o Prompting schedules to use with students
- o Sharing of practical resources
- o Opportunity to collaborate with LSO's from other schools
- o And more...

BOOKING LINKS
9:15am-4pm



O NORTH CENTRAL- MAY 1ST

With Ashleigh Freckleton & Sally Anderson
Horsham- training room Horsham CEB
<https://www.trybooking.com/CFXRH>

O CENTRAL REGION- -MAY 2ND

with Robyn Cranage & Miranda Pearse
Ballarat- conference room Ballarat CEB
<https://www.trybooking.com/CFXQI>

O NORTHERN (RIVER)-MAY 8TH

with Chelsea Harris
Mildura -venue tbc
<https://www.trybooking.com/CFXSV>

O SOUTHERN REGION- MAY 9TH

with Bec Free
Warrnambool- St Patrick's P.S Koroit
<https://www.trybooking.com/CFXTA>

CHAPLAINCY...

National Student Wellbeing Program - (Formerly National School Chaplaincy Program). Funding round 2024 - 2027

What is currently known as the National School Chaplaincy Program will enter a new funding round in 2024. The program will be renamed the National Student Wellbeing Program which recognises the roles of both chaplains and student wellbeing officers.

Advice provided to CECV suggests that the Department of Education will provide application details to schools at the commencement of Term 2 and schools will have 4 weeks to complete an application. We are providing this information today as a forewarning in the hope that time to complete the required application is factored into your planning for the first 4 weeks of Term 2.

We will forward application details to schools as soon as they are made available. We have been advised that the application process will be quite similar to that which took place in 2020. In preparation, Schools that did apply in 2020 are advised to locate your previous application to familiarise yourself with the detail that will be required. While the pool of Commonwealth funds will provide funding to a small percentage of schools within the Diocese of Ballarat it is advantageous to us a Diocesan Education Community to ensure we receive the maximum funding possible from this source.

Any questions regarding the National Student Wellbeing Program 2024 - 2027 funding round can be directed to **Tony Perkins**.
tperkins@dobcel.catholic.edu.au

new

Gifted and Talented Resources

**ON
CEVN**

Includes great
WEBINARS for
teachers

<https://cevn.cecv.catholic.edu.au/Melb/Student-Support/Adjustments-Supports/Gifted#-resource>

HELLO!

We are now seeking expressions of interest in a Universal Design for Learning (UDL) program we are developing at CEB with a view to partnering with interested colleagues.

WHAT IS UDL?

It's the prospective design of instructional goals, assessments, methods, and materials customised and adjusted to meet the individual requirements of all learners in our classrooms.

View CAST: About Universal Design for Learning

But I don't have time for something else...

Rather than an "add-on" or something extra, we are offering UDL...

1. as a means for identifying what you are already doing in your work that is great,
2. as a means of shifting mental models so that we are more easily and appropriately inclusive of all our students in all their learning and teaching - and ours.

OUR PLAN:

Commence a UDL dialogue with you in Semester Two this year.

AND YOU:

Meet with us online (at least initially) once a month for an hour.

There is no "one size fits all" so our work would be collegial and interdependent - faithful to the ECSI Catholic Dialogue School type.

Check out Youtube for your own interest and further information.

UDL Guidelines: paced learning for a long term shift in attitudes and practices for learning and teaching.

Got a question? please email Gina, Monique and Mel: udl@ceballarat.catholic.edu.au

to do

Email us, expressing your interest in partnering with us for UDL. Please include:

1. your preferred meeting day and time;
2. the names and email addresses of colleagues in your school interested in being a part of this work.

UDL informs all learning and teaching and is faithful to an Enhancing Catholic School Identity approach for being a Catholic school.

UDL

**WE ARE NOW
SEEKING
EXPRESSIONS OF
INTEREST
IN A UNIVERSAL
DESIGN FOR
LEARNING (UDL)
PROGRAM WE ARE
DEVELOPING AT
CEB WITH A VIEW TO
PARTNERING WITH
INTERESTED
COLLEAGUES.**

<https://drive.google.com/file/d/1Ykn2iDU1iqzYrBMWRkNgbVFICbF4SrjW/view>

REMINDERS...

FROM OUR
CEB
VISITING
TEACHERS

WE WOULD LIKE TO THANK THE LDLs AND SCHOOLS THAT HAVE INCLUDED US IN THEIR PSG MEETINGS FOR OUR STUDENTS.

WE WOULD ALSO LIKE TO REMIND ALL SCHOOLS TO LET US KNOW WHEN THEIR RELEVANT PSG MEETINGS ARE BEING HELD SO THAT WE CAN BE INVOLVED TO BEST SUPPORT OUR STUDENTS, TEACHERS AND FAMILIES.

'Linking PLPs with NCCD'

is a self-pace 3-5 hour online Canvas course, free and available through CEB Hive.

Three short sharp modules: NCCD, Inclusive Education and PLPs. The course includes terrific links to Guidelines and Resources



Go to
<https://hive.ceob.edu.au/lms>

and select **Log in to Canvas**

- if you are unable to see 'Linking PLPs with NCCD' on the dashboard you can go into the office directory and find the course there.

TERRIFIC ONLINE PD
FOR THOSE
NEW TO LDL ROLE
OR
WHOLE STAFF



Positive Partnership Professional Development – Staff just need to create an account to have **FREE access** to lots of terrific PD such as
<https://www.positivepartnerships.com.au/>

- Introduction to Autism – 2.5 hours
 - Introduction to Visual Supports – 45 mins
 - Understanding Sensory Processing – 60 mins
 - Teacher and Teacher's Assistants – 60 Mins
 - (but ideally should be completed together with teaching staff)
 - Introduction to the Positive Behaviour Support template – 45 mins
 - Communication – 2 hours
- There's also access to lots of their webinar recordings.



Another alternative is the OnLine Training Platform we have but completing the short parent courses, rather than do a full 20hr courses that we usually run with staff the LSOs could complete the short Free Parent Modules which are on:

- ADHD for Parents
- Learning Theory
- Autism for Parents

<https://aus.oltinternational.net/> staff

would need to create an account using their catholic education email.

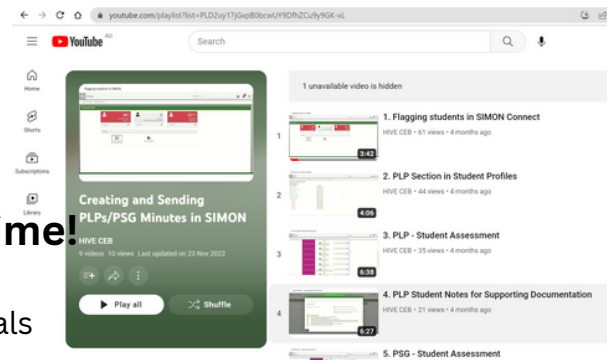


REMINDERS...

You can access our SIMON tutorial at anytime!

Use the following link for a full playlist of SIMON tutorials

[https://www.youtube.com/playlist?
list=PLD2uy17jGxpB0bcwUY9DfhZCu9y9GK-xL](https://www.youtube.com/playlist?list=PLD2uy17jGxpB0bcwUY9DfhZCu9y9GK-xL)

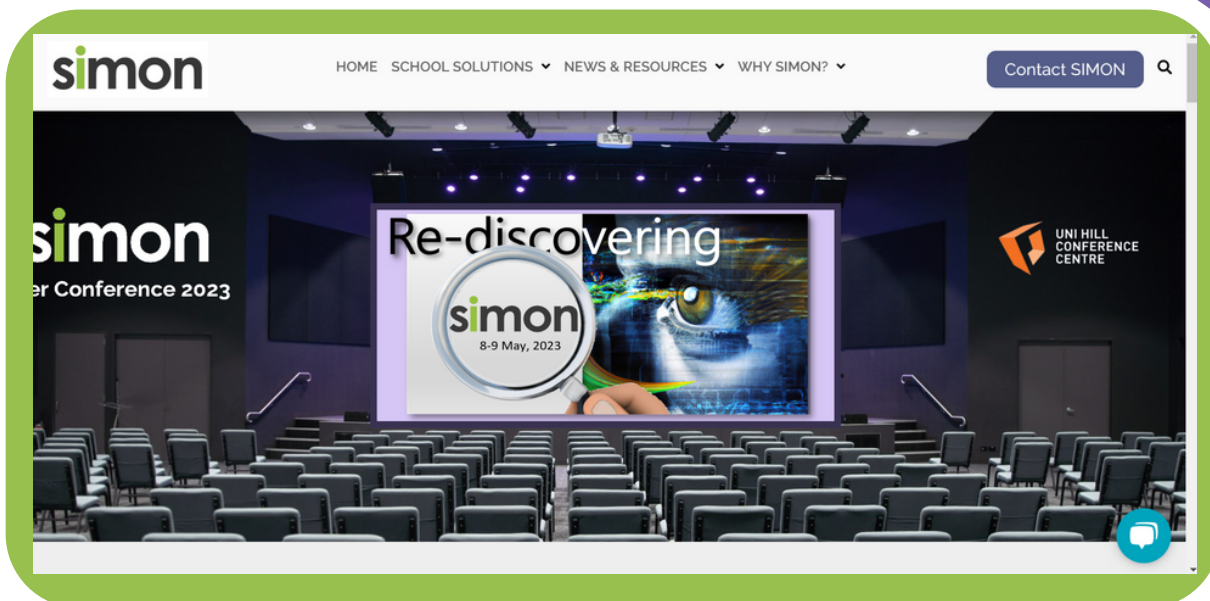


Modules include:

- Flagging students on SIMON Connect
- PLP Section in Student Profiles
- PLP - Student Assessment
- PLP Student notes for Supporting Documentation
- PSG - Student Assessment
- PSG Student Notes
- PSG - Parent Teacher Interviews
- Connect Survey

simon

To check in and see how SIMON can be utilised in your school reach out to support@simonschools.net and make a time with one of the friendly SIMON team members.



SIMON User Conference 2023 this May!

Click on link below and explore the great line-up of speakers and workshops.

https://simonschools.net/simon_user_conference_2023

REQUIREMENTS FOR ALLIED HEALTH ASSESSMENT, THERAPY AND FEEDBACK

Standardised assessments such as the WISC-V, WIAT-III, CELF-5, and other assessments require particular set-ups to be completed with fidelity.

Although CEB Psychologists and Speech Pathologists will always be as accommodating as possible, it is good for school staff to be aware of the recommended room requirements.

What kind of room should be provided?

A quiet room free of distractions and a comfortable temperature.

A **standard rectangular or square table** is ideal for assessment and therapy. Most assessments completed by a psychologist require the examinee (student) to be **directly opposite the examiner (psychologist)**.

Many tasks on the psychological tests can be invalidated if the student is distracted during assessment (e.g. working memory tasks)

However, many **Speech Pathologists prefer to be at a right angle to the student**.

The room should therefore be in a quiet area of the school, and nobody should enter for the duration of the session (e.g., to collect photocopying or find a book)



How long will it take?

Psychologists usually block out between 90 and 120 minutes (2 hours) to complete an assessment.

Speech Pathologists generally allow 60 to 90 minutes to complete an assessment.

Speech review sessions can take up to 20 minutes

Feedback sessions with staff and parents usually take between 30 and 60 minutes.

other considerations...

- Has the **classroom teacher been informed**?
- Is the student being taken out of their **favourite activity** to complete the assessment? We find students are happier if they aren't missing out on a preferred activities.
- If the **student is absent** on the day of testing, or if it's not the best day for testing, please contact us as soon as possible to advise us and reschedule the appointment.
- Please ensure that the student is **wearing their sensory aids** if applicable (i.e., glasses, hearing aids, etc.)
- Has the student had their prescribed **medication** (e.g., ADHD medication, diabetes medication).
- At times students may be able to take breaks Let us know of any breaks the student would normally take (e.g., fruit break) so we can accommodate these.

SECONDARY SCHOOLS >

**IMPORTANT
ANNOUNCEMENT
REGARDING VCAA, VCE
Special Examination
Arrangements.**

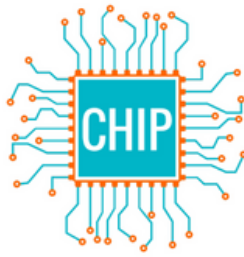
Please note: The VCAA no longer mandate a Specific Learning Disorder or Language Disorder diagnostic assessment, carried out by a registered Psychologist, for VCE VCAA Special Examination Arrangements.

Any cognitive assessment by a registered Psychologist, no matter at what age, will be accepted. Please make sure your school have copies of all your Allied Health Assessments. Also accepted are Academic Assessments by a Speech Pathologist.

The following are examples of some assessments that are accepted but are not mandatory.

Please ensure that your school understand the most recent VCAA changes.

<https://www.vcaa.vic.edu.au/administration/special-provision/Pages/SpecialExaminationArrangements.aspx>



Check How I Process Screener (CHIPS)

Why are we recommending CHIP Screener early upon school entry (**End of Term 1, early Term 2 Foundation year**).

If you are interested in the research, this publication /author manuscript is available free via PMC 2022 June

04 [Author Manuscripts in PMC](#) search for “Early Intervention for children at risk for reading disabilities: The impact of grade at intervention and individual differences on intervention outcomes”

authors:

(Lovett, M.W., Frijters, J.C., Wolf, M., Steinbach, K.A., Sevcik, R.A., & Morris, R.D: Journal of Educational Psychology, 2017, October, 109(7), 889-914)

<https://www.ncbi.nlm.nih.gov/pmc/about/authorms/>

Your CHIPS Screening Assessments can be accessed through your LDL Shared Drive
<https://drive.google.com/drive/folders/1WZ1u7v7ajMKllhY9f0O5ys4Q47AytBP>

OUR TEAM Loves

WON'T vs. CAN'T

Keep this in mind as you work with students who have executive function difficulties!

What looks like "won't"...

May actually be "can't"...

Opposition, stubbornness

Cognitive inflexibility, effort to avoid being overwhelmed

Rudeness

Difficulty controlling impulses

Lack of effort

Poor initiation; impaired planning, or attention

Refusal to put good ideas on paper

Poor fine motor skills, disorganization

Self-centeredness

Impaired ability to take another's perspective

Sloppy, erratic work

Poor impulse control and self-monitoring; overload

Disinterest in school

Impaired attention and working memory

Adapted from Unstuck and On Target!, Second Edition, by Cannon, Kenworthy, Alexander, Werner, & Anthony

BROOKES

For your newsletters!

Families wanting to access NDIS:
The NDIS can be tricky to navigate, to assist with this we have created a series of short videos that help break down key aspects of the NDIS.

<https://ndsp.com.au/ndis-explained/>



Youth Affairs Council Victoria

Advocating for young people and representing the youth sector to uphold the rights of all young Victorians

Incorporating

<https://www.yacvic.org.au/ydas>

The only advocacy organisation in Victoria dedicated to supporting disabled young people to achieve their human rights.

And

<https://www.yacvic.org.au/rural>

Upcoming Workshops

15 & 16 August

2 day Professional Learning
Positive Partnerships | Professional Learning

24 & 25 October

2 day Parent Carer workshops
Parent and Carer Workshops

**IN
HORSHAM**

<https://www.positivepartnerships.com.au/workshops-online-learning/professional-learning>

