

SEASONS  
GREETINGS!

from the Student Wellbeing Team

DIOCESE  
OF  
BALLARAT  
CATHOLIC  
EDUCATION  
LIMITED



# The season's upon us...

... and we reflect on the year

## SWPBS Celebrations:

Congratulations St Patrick's, Koroit...

300 commendations!

Amazing work by the whole team.



Congratulations also to St Patrick's, Port Fairy...

A whole school Positive Behaviour Matrix has been collaboratively developed by staff and provides a clear framework for staff dealing with and recording minor and major behavioural incidents. Students conveyed that these processes make them feel safe in the classroom and in the yard. These initiatives have assisted students in improving their overall social, emotional, behavioural and academic outcomes, with the school promoting positive mental health and good student relationships" - External School Reviewer



## Werribee School Visit

Thank you to the schools who attended St Joseph's, Werribee to see an excellent example of a school attending to their universals with fidelity: Staff from Camperdown, Sea Lake, St Joseph's, Warrnambool, Port Fairy, Penshurst and Trinity College.

What a wonderful and informative experience for all who attended.

## Some ways we've partnered with you:

Youth Mental Health First Aid (YMHFA)

Mental Health in Primary Schools (MHIPS)

Working to embed ReLATE

Behaviour Support

Analysing data

Wellbeing Online Health Check and planning

TFI and behaviour tracking on SIMON

Network gatherings

Exploring the Wellbeing Framework and goal setting

Planning sequences for Social and Emotional Learning

Student Consultations

Co-construction and co-delivery of Professional Learning

Development of behaviour matrix documents

Developing school wide expectations

Attendance conversations

Thank  
you



For all things SWPBS... contact Anne Ruddell

(aruddell @ ceob.edu.au)

## And from ReLATE:

Dear School Leaders,

I was just wanting to thank-you again for the feedback you provided at the forum in June, for school leaders implementing MacKillop's education model - Reframing Learning and Teaching Environments (ReLATE). The information you shared was invaluable and we noted both the highlights and the additional support and/or adjustments to implementation that were suggested.

Since the forum, we have reflected further on how we might integrate your suggestions into the delivery of ReLATE, to ensure best practice and continuous improvement.

The MacKillop Institute and our ReLATE Consultants look forward to continuing to support your schools as you embrace a courageous journey of cultural change, that will be both transformative and enduring.

Kind regards,

Anne

(Group Director - The MacKillop Institute and MacKillop Education)



simon

web based solutions for schools

Are you using SIMON to support student behaviour data collection?

Are you looking to track behaviour or Social and Emotional interventions to support NCCD in 2024? Simon Social behaviours has new features such as perceived motivation!

Contact our team to get started.



# Term 1, 2024

## Dates for your Diary



### Network Dates:

**Monday 12th February** - LSO PL in Horsham  
**Tuesday 13th February** - Wellbeing Leaders in Horsham  
**Thursday 15th February** - Wellbeing Leaders in Mildura  
**Monday 19th February** - Wellbeing Leaders in Koroit  
**Tuesday 20th February** - LSO PL in Koroit  
**Friday 23rd February** - New Wellbeing Leaders (online)  
**Thursday 21st March** - Secondary Wellbeing Network

### Other Dates:

**Thursday 29th February** - ReLATE refresher day in Warrnambool  
**Early February** - Diocesan School TV launch  
**Monday 4th March** - ReLATE refresher day in Horsham  
**Wednesday 6th March** - ReLATE refresher day in Ballarat  
**Tuesday 19th & Wednesday 20th March** - YMHFA in Ballarat



**MHiPS**  
Mental Health in Primary Schools

Many of our schools in the North will be joining three of our Southern Zone schools on the MHiPS journey to increase knowledge of Mental Health and Wellbeing. Please contact Mel with any questions or for support (mfrost@dobcel.catholic.edu.au).



All DOBCEL schools will have access to the amazing resources and expertise on SchoolTV. By now all administrators will have received login details and can start to look around your school's personalised site! If your school has not been able to attend a short information session this term, please contact Mel or Liz to arrange a time.

★ Please note: School TV will be officially launched in our diocese early Term 1... stay tuned for details!



The Student Wellbeing Team would like to thank you all for being such incredibly awesome colleagues to partner with throughout the year.

As we welcomed Mel and Ashleigh into our Student Wellbeing Team this year, we were able to offer more opportunities to work alongside you in a range of inspiring initiatives.

We have enjoyed engaging with you and feel grateful to be able to work with so many passionate educators.

Merry Christmas and a Happy New Year and we look forward to connecting with you and your school communities in 2024.

May your Christmas celebration be filled with joy, happiness, warmth, and love.

Christmas Blessings to you and your families.

MERRY  
CHRISTMAS



Ashleigh, Anne,  
Brooke, Liz and Mel

(The Student Wellbeing Team)



Liz McIntyre: lmcintyre@ceob.edu.au  
Anne Ruddell: aruddell@ceob.edu.au  
Brooke Nester: bnester@ceob.edu.au

Ashleigh Graham: agramham@dobcel.catholic.edu.au  
Mel Frost: mfrost@dobcel.catholic.edu.au  
Tony Perkins: tperkins@ceoballarat.catholic.edu.au



CONTACT US