

Our EAP is changing from 1 January 2021

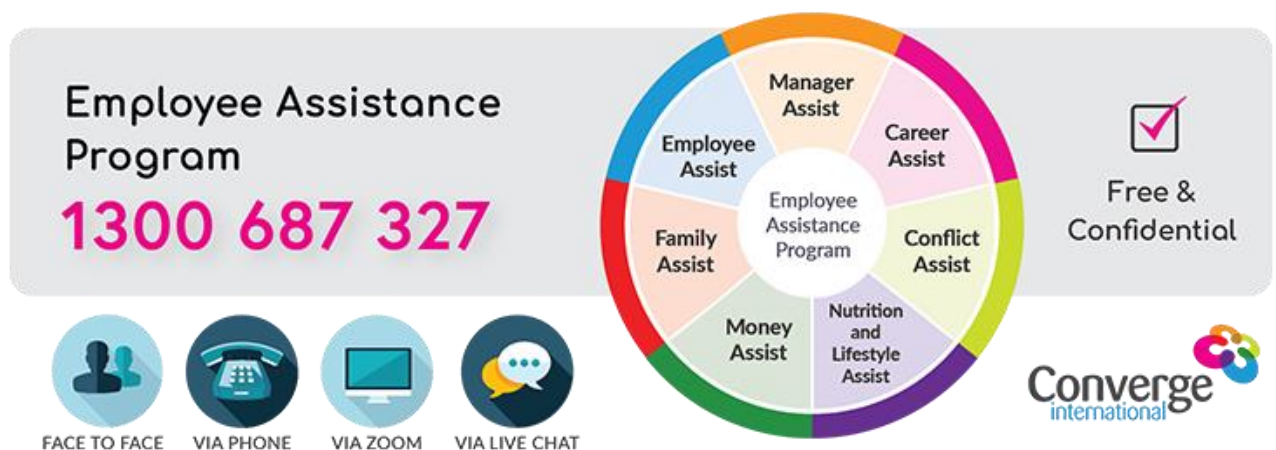
The last year has taught us a lot about how we respond to challenges, how we connect, live and work. Many of us have looked for tools, resources, and support to navigate our way through and to enable us better to support others. It has also been a time to reflect and explore new and different things.

Access EAP has provided sound counselling across the Ballarat Diocese Education Community for several years. But we believe there is more to employee assistance than a counselling service. We researched to find a fuller, richer Employee Assistance Program to contribute towards your wellbeing, that of your colleagues and immediate family members.

Converge International

Converge International's People Assist EAP Program is a holistic, customer-focused, and quality-assured service delivered within a contemporary health and wellbeing framework. The People Assist program offers a flexible service model that can be adapted to the changing needs of the workplace environment, meeting the needs of the people within our work environment. It provides strategies and support to employees and leaders, across the spectrum of personal and work-based issues that can impact on our effectiveness.

The Converge International People Assist program provides short-term and solutions focused counselling which aims to support and empower employees and members of their families through a variety of best practice counselling approaches and frameworks to assist in resolving personal and work-based issues.



Getting more from our EAP

Converge International's People Assist program provides:

- Access to appointments in person, by phone and video call across all Assist Streams including:
 - Employee Assist
 - Manager Assist including Mental Health Hotline
 - Career Assist
 - Conflict Assist
 - Nutrition and Lifestyle Assist
 - Money Assist
 - Family Assist (Family only)
 - Legal Assist

- Downloadable 'EAP Connect' App. Features include: About Us, Appointment Request/Change, Contact Us, Articles, About EAP and EAP Video.
- Access to a dedicated health and wellbeing web portal which includes health and wellbeing tip sheets, self-assessment tools, health and wellbeing articles as well as a broad range of additional support materials for managers in relation to improving performance and the health and wellbeing of their teams
- Monthly newsletters, tip sheets and other relevant material including the monthly publication of Flourish magazine
- Annual value-added webinar series
- Regular podcasts which feature discussions on healthy workplaces

When is it changing?

The change takes effect from 1 January 2021. For now, if you are using or would like to access the EAP you can continue to use Access EAP until 31 December.

From 1 January, employees are invited to access Converge's People Assist Program to familiarise yourself with the offerings, including counselling support if that is right for you. We will communicate more about our new People Assist Program in Term 1, 2021.

From 1 January 2021 – to make an appointment

The Converge International intake team can be contacted by phone or email on 1300 our eap, or 1300 687 327, or by email at eap@convergeintl.com.au



EMPLOYEE ASSISTANCE PROGRAM

Building mental fitness. Together.

The Employee Assist Program is your coaching and counselling service providing confidential and short-term support for home and work.