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WEBINAR SERIES

Cultivating Leadership Prescence

with Maggie Farrar

As leaders one of the greatest gifts we have to offer to ourselves and others is the gift of our presence; to be truly there in this moment, fully aware and open to whatever is happening, as it is happening. Sounds easy doesn't it?

But we might ask ourselves, how often we are truly present in this moment, in this conversation, in this meeting? Or perhaps our experience is that our body is in one place but our mind is somewhere else, all too often rehearsing the next meeting or conversation, worrying about the future or caught up ruminating about the past. In other words – absent as a leader.

In this webinar Maggie will explore how we can cultivate presence, remaining balanced, secure and responsive even at times of great uncertainty and turbulence. She will look at how we can strengthen our resilience and resonance as leaders and build our capacity to renew ourselves on a regular basis. She will look at leadership presence and how it can be an antidote to burn out and exhaustion for yourself and your teams. Most importantly she will explore how wholehearted fully present leadership is the key to wise, authentic and successful leadership.

6 October 2021

5:00pm – 6:00pm

\$100 (plus GST) per participant

Book now: thebrowncollective.com.au