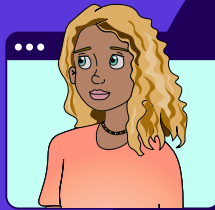


# A prevention program that's proven to reduce the likelihood of young people vaping

Proven to reduce the likelihood of **students vaping by 65%\*** compared to standard health education



## An age-appropriate approach

Specifically designed for Years 7-8 students to reach young people at the right time, before harmful patterns form.

## What young people are saying about the program

- ✓ **100% of teachers** confirmed perfect curriculum alignment
- ✓ **81% of students** felt the skills and knowledge would help them in the future
- ✓ **92% of teachers** rated activities as high quality

## Fits your school's schedule and curriculum

### Builds practical, real world skills

Your child learns practical refusal skills for real-world situations—not just facts about vaping, but actual confidence to say no when it matters.

### Co-designed with young people

Created with young people to ensure the content resonates and addresses the actual pressures they face every day.

### Supports physical health and mental wellbeing

Addresses the connection between mental health and vaping, building emotional resilience alongside healthy decision-making skills.

\*Results based on University of Sydney trial with 5,000 students across 40 Australian schools.



## Scan the QR code to find out more

- ✓ Get access to sample lessons
- ✓ Sign up at no cost

[ourfuturesinstitute.org.au/vaping](https://ourfuturesinstitute.org.au/vaping)