

# Having effective ARMS conversations

Are you a leader looking to enhance your leadership impact and build stronger, more productive teams? Join us for a focused, one-hour training session on “Having an Effective ARMS Conversation” — a vital skill for every leader who wants to drive performance, engagement, and growth.

## Why Attend?

ARMS conversations are more than just a formality — they’re a powerful opportunity to:

- Build trust and rapport with your team members
- Recognise achievements and reinforce positive behaviours
- Provide constructive feedback that inspires growth
- Boost motivation and clarify expectations moving forward
- Discuss career and development opportunities

This session is designed specifically for managers and will equip you with practical tools, conversation frameworks, and confidence to lead meaningful, two-way discussions.

