

Family Support Programs

Parenting group programs Term 1 2022
South/West region of Victoria

Circle of Security Parenting

A relationship based parenting program (developed by Cooper, Hoffman & Powell 2009)

✓ Understand your child's emotional world by learning to read emotional needs

✓ Honour the innate wisdom and desire for your child to be secure

✓ Support your child's ability to successfully manage emotions

✓ Enhance the development of your child's self esteem

Group 1

Wednesday evenings: February 16th, 23rd, March 2nd, 9th, 16th, 23rd 2022 *6week abbreviated program* delivered in partnership with the City of Warrnambool

6.30 – 8.30pm

Location: Children's Services Centre, 550-600 Raglan Parade Warrnambool

Nil cost

Enquiries: City of Warrnambool | P 0456 799 865 |

Registrations: <https://www.trybooking.com/BVROM>

Group 2

Tuesday mornings: February 22nd, March 1st, 8th, 15th, 22nd, 29th, April 5th & 12th 2022

10.00am – 12.00pm

Via Zoom

Nil cost

Registration & enquiries:

CatholicCare Victoria: | P 1300 303 988 | E ballaratfrc@centacareballarat.org.au

Registration is a requirement for all programs

Bringing Up Great Kids (6week program)

✓ Building supportive parent-child relationships

✓ Exploring messages and beliefs we bring to parenting

✓ Understanding the world through children's eyes

Thursday: February 24th, March 3rd, 10th, 17th, 24th 31st 2021

10.00am – 12.00pm

Location: CatholicCare Victoria, 142 Timor Street Warrnambool

Nil cost

Registration & enquiries:

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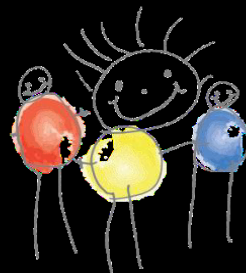
*All participants must register and will be required to comply with government
COVIDSafe requirements*



Regional Parenting Service
is supported by the
Victorian Government



Delivered by:



CHILDREN'S &
FAMILY SERVICES



Family Relationship Centre
34 Peel Street North, Ballarat VIC 3350
T (03) 5321 7960

www.centacareballarat.org.au