

Student Wellbeing Team Newsletter

Term 4, 2021

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OF
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CATHOLIC
EDUCATION
LIMITED



CATHOLIC EDUCATION BALLARAT

CEB Student Wellbeing Team



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Wellbeing (Primary)



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On behalf of the Student Wellbeing Team, we would like to wish you and your families a very Merry Christmas, filled with love, peace and goodwill.

We would also like to wish you all a Happy New Year! May 2022 be what you hope it to be and more, filled with happiness, success and of course, good health and wellbeing...

May you enjoy the holiday break with your loved ones, creating some wonderful memories with them, and may you return from the break feeling relaxed and rejuvenated and ready for the year ahead

We look forward to reconnecting with you all in 2022.

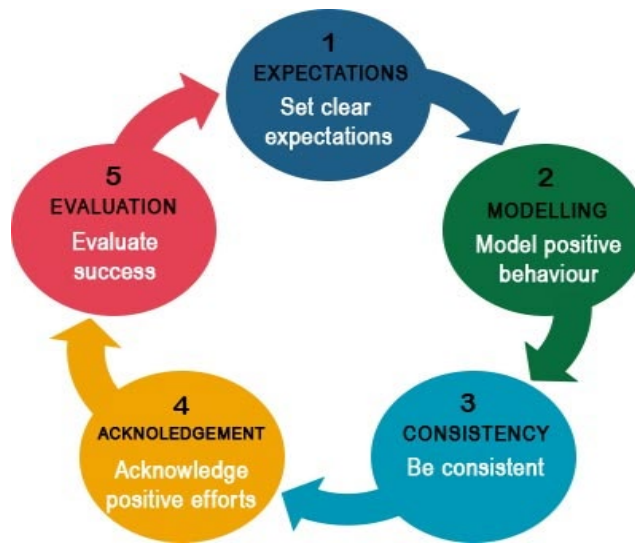
Liz, Brooke and Anne



*As partners in
Catholic education
and open to God's presence,
we pursue fullness of life for all.*

Student Wellbeing

Congratulations to the many schools that are implementing or beginning their Professional Learning of SWPBS in 2021/2022



A successful SWPBS framework relies on a commitment from the entire staff, from administration to educators to support staff. It is most effective when adopted schoolwide.

Congratulations to all our schools who work extremely hard in embracing and establishing SWPBS into their school culture.

Well done to our schools that contributed and made gains in their TFI Data. It was great having the conversation around the Data which then informed the pacing guide and support for 2022.

Many SWPBS schools this term have built their Induction piece focusing on what Behaviour Management looks like in their school environment. This is a great way to share and build on systems, process and induction for new and existing staff in 2022.

If you require any assistance with the above items please don't hesitate to email aruddell@dobcel.catholic.edu.au

Professional Learning in 2022

6th of May - SWPBS Leaders day

The focus

- Build on and establish a SWPBS network
- Shared Practises
- Data explored

5th of August - Professional learning Day for All

The Focus

- Tier 2 tool kit - strategies for Tier 2 Behaviour Support
- Data support

When we see we celebrate!!!!!!!!!!!!!!!!!!!!

Student Wellbeing

Below is a guide that provides tips and resources for parents, carers and families to support the mental health and wellbeing of children and young people in their care during the school holidays. This includes services to reach out to if more support is needed. You may wish to pass this onto your school community.

[Fact-sheet-School-Holidays-Mental-health-and-wellbeing-support-parents.docx](#)

Community Support Resources

Transition to Primary School Resources for Parents

Raising Children Network

<https://raisingchildren.net.au/school-age/school-learning/school-choosing-starting-moving/starting-school>



Transition to High School Resources for Parents

Reachout – Parent Resources

<https://parents.au.reachout.com/common-concerns/everyday-issues/things-to-try-school-and-education/transitioning-to-high-school>

<https://parents.au.reachout.com/common-concerns/everyday-issues/transition-to-high-school-for-teenagers>

<https://parents.au.reachout.com/common-concerns/everyday-issues/things-to-try-transition-to-high-school>



Christmas Information Ballarat and Surrounds 2021
Hampers, food relief and other resources for Christmas

https://drive.google.com/file/d/1v_I4YZzit0-XvD9nHrdSeOFG5mUMihBh/view?usp=sharing

